



Polk County Food Pantries by Day

Bring Photo ID and current piece of mail

MONDAY	Available	Address	City	Contact #	Service Area
Caring Hands Outreach Center	Mon 3 pm – 6 pm	201 9 th Street NE	Altoona	(515) 967-4533	SE Polk, Bondurant, Pleasant Hill & Altoona
Creative Visions	Mon 9 am-6 pm	1343 13 th Street	Des Moines	(515) 244-4003	Polk County
Proteus, Inc.	Mon 9 am-4:30 pm	1221 Center Street, Ste. 16	Des Moines	(515) 271-5306	Anyone
St. Theresa Food Pantry	Mon 10 am-2 pm	1230 Merle Hay Road	Des Moines	(515) 279-4654	Des Moines
TUESDAY					
Creative Visions	Tue 9 am-6 pm	1343 13 th Street	Des Moines	(515) 244-4003	Polk County
Eddie Davis Community Center	Tue 6 pm-7:30 pm	1312 Maple Street	West DM	(515) 277-1103	Anyone
Grimes United Methodist	Tue 10 am – 2 pm	801 West 1 st Street	Grimes	(515) 986-4036	Grimes
St. Vincent De Paul	Tue 5 pm -7 pm	1426 6 th Avenue	Des Moines	(515) 282-8327	Des Moines
Proteus, Inc.	Tue 9 am-4:30 pm	1221 Center Street, Ste. 16	Des Moines	(515) 271-5306	Anyone
St. Theresa Food Pantry	Tue 10 am-2 pm	1230 Merle Hay Road	Des Moines	(515) 279-4654	Des Moines
WEDNESDAY					
Caring Hands Outreach Center	Wed 3 pm – 6 pm	201 9 th Street NE	Altoona	(515) 967-4533	SE Polk, Bondurant, Pleasant Hill & Hill
Creative Visions	Wed 9 am-6 pm	1343 13 th Street	Des Moines	(515) 244-4003	Polk County
DSM First	Wed 10:30 am-12:30 pm	2725 Merle Hay Road	Des Moines	(515) 279-9766	Anyone
Proteus, Inc.	Wed 9 am-4:30 pm	1221 Center Street, Ste. 16	Des Moines	(515) 271-5306	Anyone
St. Theresa Food Pantry	Wed 10 am-2 pm	1230 Merle Hay Road	Des Moines	(515) 279-4654	Des Moines
THURSDAY					
Creative Visions	Thu 9 am-6 pm	1343 13 th Street	Des Moines	(515) 244-4003	Polk County
Grimes United Methodist	Thu 10 am – 2 pm	801 West 1 st Street	Grimes	(515) 986-4036	Grimes
St. Vincent De Paul	Thu 5 pm - 7 pm	1426 6 th Avenue	Des Moines	(515) 282-8327	Des Moines
FRIDAY					
SATURDAY					
Amazing Grace Ministries	Sat 9:30 am-10:45 am	1903 53 rd Street	Des Moines	(515) 277-9062	Des Moines
Caring Hands Outreach Center	1 st & 3 rd Sat 9am – 11am	201 9 th Street NE	Altoona	(515) 967 – 4533	SE Polk, Bondurant, Pleasant Hill & Altoona
Creative Visions	Sat 10 am-2 pm	1343 13 th Street	Des Moines	(515) 244-4003	Polk County

DMARC FOOD PANTRIES

YOU CAN ONLY VISIT ONE DMARC FOOD PANTRY EACH MONTH

Bidwell-Riverside Center	Mon, Wed, Fri 8 am – 4 pm, Tue 8 am-6 pm, Thurs 8 am-6 pm, Sat 8 am-12 pm	1203 Hartford Avenue	Des Moines	(515) 244-6251	Southside Des Moines
Caring Hands Eastview Food Pantry Located at Eastview Comm. Center	Tue & Wed 3 pm – 6 pm Fri 10 am – 2 pm	4101 E 42 nd Street	Des Moines	(515) 809-2356	Polk County
Catholic Charities Outreach Center	Mon-Fri 10 am-3:30 pm	1815 Hubbell Avenue	Des Moines	(515) 262-7290	Anyone
Clive Community Services	Mon 4pm-7pm, Fri 9am-12pm	2190 NW 82 nd St Ste. A	Clive	(515) 257-8550	Anyone
Cross/Impact Choice Pantry	Mon-Fri 8 am-4:30 pm	3226 University Avenue	Des Moines	(515) 518-4770	Polk County
Downtown Food Pantry	Mon 9 am-1:30 pm, Tue 12 pm-1:30 pm & 2:30 pm-6:30 pm, Wed 9 am-1:30 pm & 2:30 pm-5:30 pm, Thurs 9 am-1:30 pm & 2:30 pm-7 pm, Fri 9 am-12 pm & 1 pm-3 pm, 2 nd and 4 th Sat 12 pm-3 pm	1420 Mulberry Street	Des Moines	(515) 284-5719	Anyone who is not staying at CISS
IMPACT Community Action Partnership Choice Pantry	Mon-Fri 8:30 am-4 pm	2701 Convenience Blvd Suite 2	Ankeny	(515) 965-0433	Polk
Johnston Partnership Place	Tue-Thurs 9 am-12 pm Sat 10 am-2 pm	5870 Merle Hay Road Suite D	Johnston	(515) 868-1357	Johnston & Des Moines
Polk Co. Northside Pantry	Mon - Fri 8 am – 5 pm	3010 6 th Ave	Des Moines	(515) 286-2220	Anyone
Polk Co. River Place Food Pantry	Mon-Fri 8 am -5 pm	2309 Euclid Avenue	Des Moines	(515) 286-3695	Anyone
Salvation Army Citadel Corps	Mon, Wed, Thurs & Fri 9 am-12 pm & 1 pm-4 pm,	1216 E 25th Court Tue 1 pm-4 pm	Des Moines	(515) 266-3156	Anyone
Salvation Army Family Services	Mon-Fri 9 am-12 pm & 1 pm-4 pm	1326 6th Avenue	Des Moines	(515) 282-3422	Des Moines
Urbandale Food Pantry	Mon-Thurs 9:30 am-6:30 pm, Sat 8 am-12 pm	7611 Douglas Avenue Suite 34	Urbandale	(515) 251-6688	Polk County
West Des Moines Food Pantry	Mon, Tue & Thu 8:30am-3pm, Wed & Fri 8 am-12 pm, 2 nd & 4 th Tue 4 pm-6 pm	139 6 th Street	West Des Moines	(515) 222-3660	West Des Moines and Des Moines metro

